



The 13 World Renewal

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1. Abu Road (Shantivan): Inaugurating the National Conference on World Peace through Spiritual Wisdom are Rajyogini Dadi Prakashmani, Dr. Vishwanath D. Karad, Organizer and Acting President, World Peace Organization, Rajyogini Dadi Janki, Rajyogini Dadi Hriday Mohini, B.K. Nirwair, B.K. Mruthyunjay and others.
2. Panipat: Present at the inaugural of World Peace Conference are Swami Sarvanand Saraswati, Rajyogini Dadi Janki, Rajyogini Dadi Manohar Indra and B.K. Mohan Singhal.



1. Raipur: B.K. Er. Ram Prakash from America, B.K. Kamla and B.K. Savita paid a courtesy call to H.E. K.M. Seth, Governor Chhatisgarh and Mrs. Veena Seth. 2. Port Blair: H.E. Shri Ram Kapse, Lt. Governor, Andaman and Nicobar Islands, being presented Godly literature by B.K. Sis. Triveni. 3. Ambaji: B.K. Dr. Mamta and others seen with Gujarat Governor H.E. Naval Kishore Sharma after a brief meeting with him. 4. Manali: Bro. Virbhadra Singh, Chief Minister, Himachal Pradesh, being presented Godly gift by B.K. Sandhya and B.K. Sadhna. 5. Bhubaneswar: After discussing Godly knowledge, B.K. Sangeeta and others with Orissa Chief Minister Bro. Navin Patnaik. 6. Reeva: Inaugurating spiritual festival are Member of Parliament Bro. Chandramani Tripathi, Dadi Ratan Mohini, B.K. Mahendra and others. 7. Kishanpura (Punjab): B.K. Amarjyoti presenting Godly gift to the Union Minister Bro. Balwant Singh Ramuwalla. 8. Mumbai (Gamdevi): In felicitation ceremony to commemorate the presentation of Award by U.N.O. to Bro. Ramesh Shah are Chairman of Indian Businessman Chamber, Bro. Nanik Roopani, former Union Minister for Power Sis. Jayanti Melita, Chairperson, Singhania Industries, Bro. Singhania, B.K. Sis. Santosh and B.K. Sis. Usha. Bro. Gunwant Seth is also seen.

Godly Service Report

– Compiled by B.K. Ranjit and B.K. R.S. Bhatnagar –

DELHI

(Trans Yamuna)

(Shiv-Jayanti Shanti Utsav)

A mega programme "Shiv Jayanti Shanti Utsav" was arranged at Utsav Ground in I.P. Extension near Patparganj Depot, Delhi on 27 February, 2005. Mrs. Sheila Dixit, Chief Minister of Delhi, was the Chief Guest. While addressing the august gathering, she said that the practice of spirituality, moral values, simple living and high thinking are essential for experiencing peace, harmony, contentment and happiness. Blessing on the occasion, Rajyogini Dadi Janki, Addl. Chief of Brahmakumaris stressed the need for spiritual wisdom, Rajyoga meditation and positive thinking. Rajyogini Dadi Hriday Mohini, Jt. Chief of Brahmakumaris said that the practice of soul-consciousness and intellectual communion with Supreme Soul Shiva are essential for universal brotherhood, peace and harmony. The other dignitaries who spoke on the occasion included Mr. Naseeb Singh, M.L.A., Vishwas Nagar, and Parliamentary Secretary to Chief Minister, Delhi and Mr. Robin Ramsay, noted film actor and playwright from Australia.

The Chief Minister and the Dadis were welcomed by Military Band with their melodies. The congregation was also enthralled by cultural programmes comprising spiritual songs and dances, Vande Matram and other songs on patriotic themes. Many eminent persons of Delhi felicitated Rajyogini Dadi Janki and Rajyogini Dadi Hriday Mohini. A delegation of Russian B.K. brothers and sisters also participated in the programme. About 50,000 persons got spiritual message of Shiv Jayanti in the programme. Earlier in the morning all the Dadis had visited Mandavali Centre which was the Co-ordinating office for the Utsav. B.K. Sunita, centre-in-charge alongwith B.K. brothers and sisters of the centre gave a hearty welcome to the Dadis and the divine family. The centre was well decorated with flowers which Dadis appreciated very much.

(Contd. on page...31)

CONTENTS

▶ Godly Service Report.....	1
▶ Reincarnation of God Shiva (Editorial)	2
▶ The Role of Conditioning in our life	5
▶ Incarnation of the Supreme Soul	9
▶ Ravages of Nature	11
▶ New Age is coming	12
▶ Birth of the Birth-Less	14
▶ Readers' Forum	16
▶ Our Benevolent Father	18
▶ The Ganges of Knowledge	20
▶ Significance of Shiv-Jayanti.....	22
▶ Eternal World Drama	25
▶ Tsunami Relief Measures .	29

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PURITY IS THE MOTHER OF PEACE AND PROSPERITY

– Incoporeal God Father Shiva

REINCARNATION OF GOD SHIVA

We, the Brahma Kumaris, are celebrating the 69th Trimurti Shiv Jayanti all over the world through our 7000 Rajyoga Meditation centres. It was in the year 1936-37 when the Founding Father, Prajapita Brahma (then known as Dada Lekhraj), had visions of Incorporeal God Shiva's descent. At the time, Dada Lekhraj was searching for the Truth in Shiv Temples and during one of those intense hours in Mumbai (Babul Nathji Temple) he had the first vision of 'Jyotirlingam'. His Gururji, though very pleased to learn about Dada's visions, bestowed the credit on God Shiva saying that He alone was the Bestower of Divine Visions and Divine Intellect.

This encouraged Dada Lekhraj to go in seclusion and take to meditation, which happened to be a very rewarding spiritual experience as he heard the versions of Supreme Father revealing the truth about His own Name, Form, Attributes, Time of Descent on earth etc. Supreme Soul, God Shiva,

ordained Dada Lekhraj to surrender unto Him completely for the new role as Prajapita Brahma. Since then the Godly plan of re-establishment of Truth, Peace, Love, Purity, Virtues & Non-Violence started unfolding for which Brahma Baba played the heroic role of conquering Maya and guiding hundreds of thousands to follow in his footsteps.

In the year 1969, when he reached his cherished goal of perfection and angelic stage, he renounced his physical costume at will to guide the spiritual army of B.K. sisters and brothers from the subtle region. This essential Godly guidance has been and is being provided through one of His chosen trance-mediums. On the practical level, there is a team of about one thousand Senior Sisters and Brothers dedicated to the task of world transformation under the motherly, divine leadership of Rajyogini Dadi Prakash Mani. We continue to receive God's direct guidance from time to time when thousands of regular Godly students, spiritual sisters and brothers, take spiritual benefit in

His Great and Benign presence. The entire global divine family of all religions and all nationalities, young and old, derive immense inspiration and spiritual power from His radiance and words of Godly wisdom.

This real experience at the most auspicious Confluence Age (the confluence of Iron and Golden Ages) perhaps becomes the basis of invoking God Shiva at midnight every year on the Festival of Shivratri, when the age of bhakti commences from the Copper Age onwards. Those who realise this truth, realise God Shiva's direct relationship with the self (atman) and transcend in purity and virtues by conquering all weaknesses and negativities from within, those who pursue this path of self re-discovery, God-realisation and attainment of self-perfection feel ever indebted to Him; this unending gratitude gives birth to the pure desire to celebrate with love the anniversary of His re-incarnation by sharing the joy of a new consciousness, new learning and elevated, peaceful and ever-happy life.

We extend very, very Happy Greetings on this auspicious occasion of the 69th Trimurti Shiv Jayanti to all our esteemed readers. May everyone receive the boons of an Ever-Healthy and Happy life full of prosperity

for many lives as a well-deserved Godly birthright!

A TIME TO PONDER—RECENT ELECTIONS

The recent elections in Haryana, Bihar and Jharkhand were marked with great hype. The people in all the three states voted for change but rather than it being for the popularity of the political parties claiming success it is against those who were ruling before. The voters wait patiently for their elected representatives to fulfil promises made at the time of the elections but patience runs out after a couple of years following the elections. The elected representatives engage in a bit of developmental work in their respective areas or constituencies but later become too busy in amassing wealth and personal political gains. This has hampered the progress of each state in some way or the other. One particular party having ruled for decades remains far away from the promised green pastures for the people. Imposition of Governor's rule in Bihar is not without reason. The land of Buddha and Mahavir is facing crises of all sorts and people are deprived of all kinds of development and progress, which could have very well been in existence. Who is to blame? Is it the political party which ruled the state for fifteen long years at a stretch? After

all, fifteen years is quite a good time-frame for any popular Government to act and live up to its promises given to the people during election time. Who is to be made accountable? Let us ponder over this deeply.

It seems the entire system of elections and governance is to be held responsible for the chaotic conditions we face today. Firstly, the electorate is not well-educated and tends to be attracted and influenced by short-term gains or promises made to them. What a wonder! After 57 years of Independence, we are still anticipating the benefits of good roads, clean drinking water, healthy nutrition and adequate housing in many parts of our beloved Bharat... Though we are placed amongst powerful nations with respect to possession of nuclear weapons, we face an explosive situation **born from** corruption, disease and poverty.

Some people talk about gaining 'second freedom': freedom from these age-old problems duly coloured with gender-discrimination, blind faith and caste discrimination, criminalization of political system etc. Most of these problems are due to the exploitation of poor people for vested interests by some such elements of society who cannot

see beyond the fence.

An alternative to the existing systems and customs is required for a better future of India. Can we think of freeing Bharat from the old systems of elections and governance inherited from foreign rulers, which has further degenerated with the addition of the multi-party system? What kind of system is this where the elected representatives have to be protected and taken away to another state to avoid becoming victims of "Horse-Trading"? Everyone is fully conscious about the prevailing weakness for attaining easy money that runs into several crores of rupees each time a person changes his party. And the wonder of wonders is the fact that courts of law too are helpless in taking any action! We have witnessed this during the past years when large amounts of money exchanged hands at the most sacred place of our Democracy – the corridors of our Parliament... What kind of fruit would emerge from the seed that is itself corrupt?

We, the people of Bharat, need to create a new political system based on a firm foundation of morality, spiritual values, accountability and honesty leading to the welfare and well-being of every citizen of Bharat – a system true to the concept of "Ram-Rajya"

envisioned by the Father of the Nation, our beloved Bapu Gandhiji, and many other great visionaries and leaders of yore. How long will this weak and corrupt system work? How much longer should a nation of over 100 crores suffer due to the treacherous, wrongly-conceived faulty political system?

May wiser counsels prevail upon our leaders and political thinkers to embark upon a new programme of divinizing the entire system of elections and governance for the betterment and well-being of our people.

BRINGING SOLACE TO TSUNAMI VICTIMS

Tsunami, the greatest natural calamity of December 2004, has brought the world together in terms of expressing

compassion and co-operation to the millions of victims. Brahma Kumaris centres world-wide too have come forth to provide as much of physical, emotional, monetary and spiritual help as possible. Through the Global Hospital & Research Centre, Mount Abu, Rajasthan, the Brahma Kumaris in Tamil Nadu have been channeling their energies for the past 2 months to rebuild the shattered lives of children and adults. Brahma Kumaris in Asia too have been tirelessly serving victims in Sri Lanka, the country most affected by Tsunami.

Apart from distribution of bare necessities (clothes/shoes, kitchen utensils, groceries, school books/materials/uniforms, medicines

etc.), the Brahma Kumars and Brahma Kumaris have been travelling to the affected villages to give spiritual counselling to victims, conduct classes on meditation, and provide the much needed comfort and understanding to souls who are devastated by their irreparable losses. Thousands of souls have and still continue to visit Brahma Kumaris centres to experience peace of mind and the love and support of the spiritual family.

May Almighty God Shiva bestow on all the affected souls enough strength and courage to move on in life with the love and support from their universal family of Brahma Kumars and Brahma Kumaris!

—B.K. Nirwair

DIVINE MESSAGE OF INCORPOREAL GOD SHIVA ON THE OCCASION OF 69TH TRIMURTI SHIV JAYANTI

To celebrate Shiv Jayanti is to take the vow of complete purity and surrender the consciousness of 'I'. The Incorporeal Father creates the *yagya* (sacrificial fire of knowledge) on His descent on earth and this *yagya* is not complete without true *Brahmins*. Your celebration of Shiv Jayanti means becoming equal to the Father. A festival (*Ustav*) means to remain in enthusiasm (*Utsah*). You have taken a vow of purity for a lifetime; to take a vow means to maintain an elevated attitude. A pure attitude and pure *drishti* will enable you to see the soul sparkling in the centre of the forehead whenever you look at someone's face.

Whatever you have attained in Brahmin life, whatever speciality you have, are all Prabhu Prasad (holy offering from God). Rather than remembering the soul who is giving you co-operation, do not forget the One who enables others or inspires others to give co-operation.

THE ROLE OF CONDITIONING IN OUR LIFE

■ **Brahmakumar Surendran,**
Bangalore

We feed all sorts of information to a computer and shut it down. When we re-open it, we get back the same information. The computer very obediently and faithfully feeds and saves whatever is fed into it. It never asks us whether the information fed into it is useful. In our life also, something similar is happening without our knowledge. In our childhood and also upto our youth level many things happen to us. We have been directed, guided, advised, admonished and remonstrated with lot of information by our peers, parents, teachers, friends, family members and our sources of information. Parents, teachers and friends tell children in their formative years that 'you are not good at that, you are a clumsy boy, your room is a mess, you cannot do the right thing, you are just like your father, you are more like your brother, you will never pass, you will never adjust with friends, I tell you to do something and you always do the opposite, you never

study, you are lazy, you are determined to cause problems, you cannot think properly', so on and so forth. Accordingly almost everybody is programmed and conditioned. Our conditioning in life influences our thinking process and activities. Psychologists and psychotherapists say that our subconscious mind is like a computer. Whatever we think, speak and do, get recorded in the subconscious. The subconscious mind does not try to filter the information as good or bad. The subconscious mind functions like an obedient and faithful servant. Even though our conscious mind tries to tell us the right things, the subconscious conditioning influences us in a big way.

Our life is not a matter of luck or fortune. Sometime we feel that something good that is happening to us is just an accident or luck. Similarly, something bad happening to us is also labelled as our bad luck. But the fact is that nothing ever happens by accident, but everything occurs in our lives because we have created, directed, influenced or allowed it to happen at some point of time in the past.

Some of the grown up people, even those holding positions of authority, are carried away by their conditioning due to wrong information, incomplete information, hearsays, gossiping, backbiting and so on. They form an opinion of the person based on the information. They are receptive to a negative conditioning. Then their dealings are sometime very rude, obstinate, egoistic, jealous, revengeful and problematic. They do not try to operate from the right, natural, perfect conditioning. They are not found to be reasonable and realistic, but are abnormal and subnormal in their behaviour. They would say that they are always right, they reject others' opinions and project themselves to be knowledgeable. In the process they chide and kid others, disrespect others. They do not try to rethink on what a third person tells them about someone and so they are unable to understand the viewpoint of others.

When we go into the intricacies of conditioning, the following stages are revealed.

BELIEFS

We are what we believe about something or someone. Our beliefs determine our movements and dealings. Beliefs can make us succeed or fail. Belief does not require something to be true. It requires us to believe that something is true. If the people in the coastal areas believe that there is going to be another *Tsunami* in a week's time, that belief will create lot of panic in their life. There will be fear and anxiety. When I was a child, I was told by my parents that the stone idol in the temple nearby was God, I believed and accordingly I would go to that temple and worshipped God. When we believe that we have trouble in making friends easily, or being accepted easily and naturally by others, we will believe that and we will take a back seat. As a result, we find ourselves standing back at social gatherings, self conscious and unsure of what to say. At our work place also we often miss opportunities because we do not speak up even when our ideas are better than the ideas of the others who did speak up. We have thousands of big and little beliefs about ourselves. But our mind will act as though they are true. These beliefs are not created over night, or in one

birth, but many births we spend to create our beliefs.

THOUGHTS

We all have a **mental apartment** – the place we live with our thoughts. This apartment is furnished with furniture which is old, tattered, negative and waste. Our negative way of thinking, which we inherited from our parents or we adopted from our friends, teachers and others, has been aiding us to programme our subconscious mind. It has programmed that we are most comfortable with the thoughts we have lived with so far. We have come to believe that it makes no difference if those thoughts are not the best for us – it is what we know, it is what we are most secure in. Again our mind is a thought factory. This factory is in charge of two foremen – Mr. Triumph and Mr. Defeat. Mr. Triumph produces positive thoughts and Mr. Defeat produces negative thoughts. Our mind is also like a broadcasting station, which has two prominent channels. Channel P – Positive thoughts and Channel N – Negative thoughts. Again these thoughts are the combination of our beliefs and value system. Thoughts are the movers and shakers of our life and also what is going on in the world. Our

words are thoughts. Words contain so much of power that a person can be sent to the gallows or can be ascended to the throne. Words have the power to trigger us to a joyful mood or depressive mood. A thought is the seed. A word is originated from a thought. Thought has more power than the word. Thought becomes powerful when it is concentrated and sustained. We can send urgent messages through the medium of our thoughts. The voice of the mind can be heard in the minds of those whom it is meant. Thoughts have vibrations. These vibrations are influencing the people, the environment and the nature. Based on our beliefs we get thoughts. Our value system will try to block those negative and waste thoughts. But normally the beliefs will have an upper hand over our value system. We want to have good thoughts, pure thoughts, which build better relationships. But the beliefs and tuning inside put up their influence and our thoughts get twisted. The quality of our thoughts determines the level of our attitude.

ATTITUDES

Our attitudes are the perspectives from which we view life. Attitude is formed out

of our beliefs. Our attitude is the result of our beliefs and consequential thoughts. Our attitudes determine our achievements. Some people have a good attitude and some have bad attitude. We sometimes complain about somebody, saying that their attitude is not receptive and so on. Our attitude determines our altitude. Attitude is a pedestal which projects our course of action, our path and speed, our determination, our purpose in life, and the achievements that we are going to have. Right attitude is the result of right and just beliefs and positive thoughts. Right attitude is necessary for greater achievements. Right attitude is a combination of zeal, enthusiasm, hope, aspirations and enterprising nature.

FEELINGS

Feelings are the energisers of our attitude to tune it to a high altitude or low altitude. A feeling is the amplification of a thought. The thought amplifies into an energy field. A feeling will again amplify into an emotion, energy in motion. A thought of jealousy, anger, greed, or arrogance will amplify into feelings and broadcast and telecast such feelings to the surroundings. The attitude is the tower which spreads the waves

of feelings to the surroundings. Our attitude creates a feeling which can make us feel at home or at sea. If we feel at home and comfortable with an attitude, our feelings can initiate effective action. If our feelings are triggered from the thought of optimism, hope and generosity, our action will be accordingly tuned and performed. Feelings will be easily communicated to the persons concerned and also to the environment. A thought can be given as an affection or infection in the form of feelings. Sustained thoughts of good wishes and pure feelings have the infinite potential to not only condition ourselves to the original natural level but also to similarly condition others.

BEHAVIOUR/ACTION

Our behaviour and our actions are the consolidated consequence of our beliefs, thoughts, attitudes and feelings. What we are, what we get and what we become – is the result of the consolidated consequence of our beliefs, thoughts, attitudes, feelings and behaviour/actions. Every time we pass through the stages of beliefs, thoughts, attitudes, feelings and behaviour/actions, our conditioning takes place without our knowledge. If these stages are tuned

positively, creatively and constructively, the conditioning is going to be perfect. This will lead us to the natural, original stage of conditioning.

SPIRITUAL KNOWLEDGE AND YOGA – THE TOOL FOR RIGHT RE- CONDITIONING

In fact spiritual path gives us an opportunity to go into our conditioning aspect when we behave in a particular way which we ourselves do not like. Sometimes we are forced to be obstinate, egoistic, jealous and so on. We try to examine our conditioning. Then we come to know that this is a wrong kind of conditioning we have got over a period of time. This has taken root in our subconscious mind. At this juncture normally we arrange for a self directed conversation to ourselves. We tell ourselves that this is not the proper behaviour. We come to understand not only our own interest but also the interest of others and the world. We substitute obstinacy with flexibility and adjustable nature, ego with humility, jealousy with generosity, taunt with respect and regard. We tell ourselves: those are the normal, generally acceptable and progressive feelings and we must have such a behaviour and feelings. Our

conditioning starts changing towards this direction. We try to explore the perfect conditioning level as a human being. Humaneness should be the bedrock of any kind of behaviour. There is a humane level and divine level. Divine conditioning is the most appropriate and original level of conditioning. Our belief system turns topsy-turvy. 'I am not a body but a soul' – makes all the difference. The consciousness changes and undergoes a down to earth, positive, natural refinement and reconditioning.

Whatever may be our past conditioning, it is now known to us where the problem lies. Let us recondition ourselves perfectly. It is in our hands. When the Lord is the only authority who knows the secret of conditioning and its impact on life, He is teaching us to recondition ourselves to our original level of conditioning, it is easier for us to tune ourselves to our desired level. Our belief system undergoes a process of metamorphosis, consequently our thoughts, attitudes, feelings and behaviour/actions transform from the dismal self defeating levels to the primal self elevating levels. The Lord makes one a teacher unto oneself, and teaches one to practise conversation with the self and

with the Lord. The reconditioning process is set in motion by the Lord Himself. Let us share some of the powerful reconditioning thoughts.

▶ I really am a very special person. I like who I am and I feel good about myself

▶ I am able to relax easily in my mind and comfortably in my body. I am calm, confident and self assured

▶ My mind is orderly and well organised. I consciously choose what I think and I always choose those thoughts which are the most positive and beneficial for me and for others. I am creative and constructive while maintaining a stage of instrumentality. My mind is my obedient servant.

▶ I always dwell on those thoughts which create harmony and balance and ensure well being within me and in the world around me.

▶ I always resolve to be happy and peaceful and to enjoy life under all circumstances

▶ I always look at the world in the bright, healthy light of optimism

▶ I take full responsibility for everything about me – even the thoughts that I create. I am aware of, and in control of the huge resources of my own

mind.

▶ It is true that there really is none else like me in the world. There never was another me before, and there will never be another me again in this kalpa

▶ I am a pure, great, divine soul. I am master Almighty. I am made in the image of the Lord. I have every reason to celebrate life on a moment to moment basis.

▶ I have many beautiful qualities. I am now discovering my new talents. I am positive, confident, and radiate the best of vibrations in my surroundings.

▶ I am full of life. I like life and I am glad to be always living a full life. I am a very special person living at a very special time of Confluence Age. I am on a great mission of world transformation being presided over by the Lord.

▶ I am intelligent. Nothing is impossible for me. But I resolve to do good things in life. I like to be in the company of other people and other people like to be around me. They like to hear what I say and know what I think.

▶ I love the Lord. He loves me. I am always in the company and companionship of the Lord. ●

Our Attitude Determines Our Altitude

INCARNATION OF THE SUPREME SOUL

■ **Brahmakumar B. S. Tyagi,**
Shakti Nagar, Delhi

There are a large number of Shiva temples in Bharat – Amarnath in Kashmir, Somnath in Gujarat, Vishwanath in Varanasi and Mahakaleshwar in Ujjain, Papkateshwar, Mukteshwar, Tribhuvneshwar, etc.

The names of these Shiva temples define God Shiva's various divine functions, exalting Him as the Supreme Soul. The *Linga* is worshipped as the very image of Shiva. The *Linga* indicates that Shiva has neither male nor female human form like the other deities. He is an incorporeal point of Light. This is why, the 12 well-known Shiva temples in India are also known as *Jyotirlingam math* signifying His form of Light.

The three lines marked on the *Shivalinga* known as *Tripundi* symbolise the three-fold characteristics of the *Trimurti* or the

lord of three subtle deities, *Trinetri* or the one who has the third eye of wisdom,

Trikaldarshi or the one who purveys the three aspects of time and *Trilokinath* or the lord of three worlds. Shiva is also known as *Shambhu* or *Swayambhu* and *Sada Shiva* meaning that He is the Supreme Soul who has no creator above him.

Legend tells us that *Rama* invoked Shiva at *Rameshwaram* and *Krishna* offered his prayers to Him at *Gopeshwar*. Memorials to these events stand here even today. These legends also indicate that Shiva is worshipped as the Supreme Father of all deities. Shiva is praised as the Creator, Sustainer and Destroyer. But what does he create, sustain and destroy? If He is sustainer, then what account for the scourge of poverty, hunger and sickness in this world? Does He cause the

in many faiths symbolizes these three roles of God. He does not create the elements and all the constituents of nature. Nor does He create human beings or human souls. Matter, souls and God are neither created nor destroyed, they are eternal and imperishable. Each has its own unique attribute, power and function. The drama of the world is an eternal interplay of these three forces. Everything in nature is cyclic, everything that is seemingly born, grows and dies is actually being renewed, from one form to another.

In reality, God does not create a new world out of nothing, he rejuvenates the old by divinising man's intellect with wisdom, imparted through *Brahma*, who along with *Vishnu* and *Shankar* make up

the Trinity. The literal meaning of the word *Shiva* is 'benefactor'. Supreme Soul *Shiva* brings benefit to all souls by performing the divine functions of creating a new, pure world where righteous, divine and

happy human beings live, destroying all vice and evil from the old, impure world.



destruction and death of His creation?

The Trinity or the divine triad

In Shivaratri, the night symbolizes the darkness of ignorance. Shiva carries out His task of transformation when human beings, lost in the night of ignorance, touch the nadir of moral degradation and unrighteousness rules the world. The process of renewal implies destruction of the old. For, a new structure cannot be raised upon a dilapidated one. Destruction is inherent in the eternal scheme of the world drama. Nothing that is created stays new forever. Everything in this world degenerates and changes form with the passage of time.

When unrighteousness reaches extreme proportions, the perverted human intellect

devises deadly weapons of mass destruction which play their part in the destruction of the old world. The process is speeded up by natural calamities and civil wars. So Shankar symbolises the annihilation of all that is bad and vicious.

Destruction is not a direct or wilful act of God; it is a corollary to the process of establishment of a new world order. It is a blessing in disguise because it removes all that is evil and impure, and liberates humans from the bondage of sin and sorrow. Once the process of destruction is complete, an era of complete purity, peace and prosperity, called Satyuga or

Golden Age dawns on earth, marking the beginning of a new cycle where all human beings are free from vice; they are divine and virtuous. Even nature is at her prime. Rulers are elevated beings, who are created in the image of God, and this concept is depicted in the form of Vishnu, the four-armed sustainer.

God's role is unique; He performs the highest task of purifying the world and yet, remains free from the bondage of action. He does not enjoy the fruit of His divine work, which is why He is known as *akarta* and *abhokta* (beyond action and its results). ●

THE NEW AGE IS COMING

The Supreme Father says: All are sleeping in the sleep of ignorance. They are intoxicated by the five vices. Only the Father can awaken you from the sleep of ignorance. Baba now says: Wake up, the New Age is about to come... Children, renounce the sleep of Kumbhakarna. Now open your eyes. The new world is coming. The new world is called heaven, the Golden Age. The Father sits here and repeatedly awakens you children. Maya then puts you back to sleep. You are now sitting personally in front of Me and you understand that I am your spiritual Father. You know Me, do you not? You have now taken refuge with the Father. He comes early in the morning to end the night and finish hell.

THE HIGHEST ON-HIGH

This is the Highest-on-High Father. He is higher than all human beings and also higher than all souls. There is a soul in each one. You receive a body in order to play your part. You can now see how much regard there is for the body of the sannyasis etc. The unlimited father is incognito. You children understand that Shiv Baba is the Highest-on-High. There is no one higher than Him. Dharamraj is also with Him. The Father is the Highest-on-High but He is incognito. Everyone else's body is visible, but here, Shiv Baba doesn't have His own hands or feet. Who would accept flowers etc.?

— Quoted from 'Satyam Shivam Sundram'

RAVAGES OF NATURE

■ Brahmakumar Khem Jokhoo,
Trinidad

The Asian Tsunami of December 2004 unleashed the deadly hidden powers of the elements of earth and water. Eyewitnesses described the event as having an impact greater than a hundred atomic bombs. The world was now beginning to forget, not necessarily forgive, the agony of the 9/11 disaster of the Manhattan twin towers only to be reminded of the vulnerability of mankind. As more and more vivid pictures of the Asian Tsunami aftermath emerge, the merciful and charitable side of humanity are reminded that there is a God, while the heartless are trying to get rich by misappropriation of the generosity of a charitable few.

The Relationship of the Elements and Humanity

Without the elements, there would be no life or nature. First the earth provides the stage for us to play our part as actors in this eternal drama. Nature is also included in this generosity to provide food as sustenance for humans as well as animals.

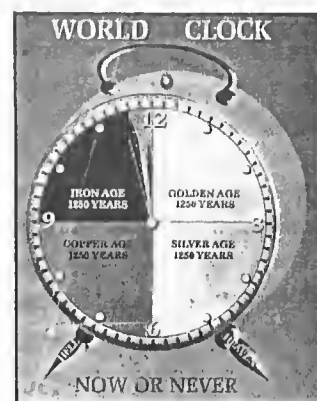
Air, heat and water are basics as the body cannot exist without them. And finally, ether plays the mother role of protecting the other four elements similar to the *amion* of an unborn offspring, but of equal importance, it is the only medium that generates sound for us to speak and communicate. Therefore, all elements are essential to support life and they are our life partners. It is often said that the five elements are the incognito children of God as well as our unseen surrogate mothers.

Effect of Entropy on Humanity and Nature

Entropy is the natural process where “orderly” things become “disorderly”, if not maintained or sustained. The entire physical environment has become degraded because of accelerated entropy created by the escalating greed of humanity. Pollution has created a hole in the ozone layer and is responsible for global warming, forest devastation, infertile soil and unclean air, water and land. This is “**physical entropy**” or degradation of the environment.

Similarly the soul of man has become very impure because of the vices of anger, greed, arrogance, lust and attachment

and this has made his power to reason almost *comatose* causing his conscience to recede into hibernation. This subtle phenomenon is called “**spiritual entropy**” or degradation of the soul. The Eternal World Drama is now



past the half-way mark of the auspicious confluence age of 100 years as depicted by the five-to-twelve hand of the clock shown in picture of the Eternal World Cycle. At this time, both the environment and humanity are lame, degraded and impure and neither can help each other. This is because humanity has committed “**spiritual suicide**” by violating the basic spiritual code of ethics.

Effects of Physical and Spiritual Entropy.

The elements re-purify

Contd. on Page...13

NEW AGE IS COMING

■ **Brahmakumar Tager,**
Nalbari, Assam

India is called the land of festivals. One of its major festivals is Shiva Jayanti or Shivaratri which is observed heartily. On that day, devotees visit the Shiva temples and offer *Bhog* to GOD Shiva. Also they pour milk, ghee etc. on the Shiva-lingams.

But it is interesting to note that though people worship and pray to God Shiva, they don't clearly understand who Shiva is, what His form is and what the spiritual meaning of Shiva-Jayanti is.

Shiva means *Paramatma*, God, *Allah* or the Supreme one Who is the Almighty Authority of the Universe. He is worshipped by the people of all the religions of the world. He is not counted among the deities but He is called the Master of the Deities. So He is called *Maha-Dev* Shiva. *Maha* means the Master and *Deva* means the deity.

Then what is the form of this Supreme being, the Master of the Universe who is also the master of the deities or the gods and goddess like Brahma, Vishnu, Shankar, Durga,

Saraswati and all others?

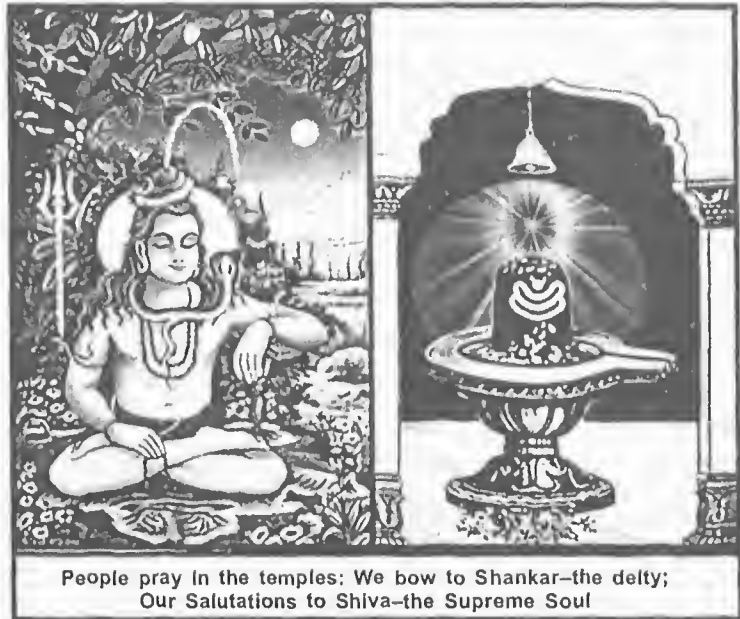
In the *Manu-smriti* it is said that to begin the creation a being in the form of egg (means round) was incarnated. It was a bright light (Manu: 1/9)

The Shiva *Puran* says that at

Supreme Light.

But the most surprising thing is that people believe *Shankar* and Shiva as the same being.

If Shiva or *Sankar* is the same being, why isn't *Sankar* mentioned as *paramatma* like



the time of destruction of the world, a wonderful *Jyotirlingam* that neither increased nor decreased was incarnated. It was *Avyakta* and it created the world anew. (*Shivapurana Dharmasanghita* Ch. 2, 63/64).

Similarly it has been explained in the *Yajurveda*, (33/2)

All the above texts clearly show that God Shiva, the Supreme Soul or *Paramatma* is incorporeal and He is the

Shiva? Why is he called '*Sankar Devataya Namah*? Whereas for God Shiva they say '*Shiva Paramatmaya Namah*'? It means Shiva and *Sankar* are two different beings. Shiva is the Supreme one and He is remembered or worshiped in the form of *Shivalingams*. He is the *Vidyut Pususha*, the Egg like bright object or the *avyakt* being mentioned in the ancient

scriptures. The Shivalingams are installed in the temples only as the symbolic form of this Incorporeal Supreme Soul or *Paramatma* Shiva.

Shankar is the divine creation of God Shiva. Shankar performs the great task of destruction of the vicious world according to the Hindu belief.

In every religion, it is believed that the Supreme Soul God Shiva or *Allah* reincarnates at the end of the Eternal World Drama when peacelessness, violence and sorrows prevail in the world. Then destroying the old system of the world, He begins to create a new world order. As the present period is quite peaceless and people's moral values are degraded, this period is called dark period like a dark night (Ratri).

It is the Universal Truth that God incarnates between the end of the old world and the beginning of the new world. The *Manu-smriti*, the *Dharmasanghita*, the *Yajurveda* (as mentioned above), the Holy Quran the *Geeta* etc., and other religious books remind us this great truth again and again.

But it happens practically in a cyclic order as a natural law when the New World becomes old. As present time is the dark period like a dark night and only in this period of the Eternal World Drama, Shiva *Paramatma* incarnates once again on the earth, this period is called the Shiva-Jayanti or Shivaratri.

Therefore, let us notice the plight of the world. When we see the nuclear arsenals, missiles etc. capable to destroy the world; the quick happening of earthquakes, cyclones, floods that nature creates day by day, we can understand that we are at the end of the old world. Let us be instrumental in the task of universal transformation. When we turn from materialism to spiritualism, incinerate all our vices in the fire of yoga and pledge to realize our beloved God Father Shiva in His real form, then we will be celebrating Shiva Jayanti in the true sense. Then peace will once again reign in the world and sense of brotherhood will prevail on the earth. ●

(Contd. from page ..11)

Ravages of Nature

themselves through natural systems. For example water enlists the cooperation of the other elements for evaporation and condensation to regenerate its original purity. However, when there is a massive imbalance caused by pollution, these natural subtle systems become helpless. The elements often resort to more catastrophic and cataclysmic means to purify themselves. This is the only other way the elements know how to return to its normal pristine state. The air transforms itself into more violent forms such as hurricanes, tornadoes, typhoons accompanied by water in the forms of floods whereas the earth responds through earthquakes for cleansing. Heat turns into fire and transforms whatever is in its path back to its constituent elements.

On the other hand, when man has created enough lawlessness and entropy and every corner of the world is threatened by peacelessness, it is only God who comes and grants us liberation by imparting spiritual knowledge for transformation to His original image and likeness in the auspicious confluence age.

The Signs of the Times

Therefore, the Asian Tsunami is one of the many signs of an incognito world transformation. It is only because nature has given us a less than gentle reminder of its hidden powers that we have taken notice of our complacency. The cumulative tragedy of humanity and the environment resulting from ongoing conflicts, deadly diseases, malnutrition, poverty, deforestation, pollution, white collar crime and ethnic cleansing, where everything is justified as politically wise or legally right, is possibly a hundred times worst. Humanity should not be alarmed, but should instead be repentant, because we have been forewarned by science as well as scriptural prophecies and predictions aplenty. ●

BIRTH OF THE BIRTH-LESS

■ Brahmakumar Kalidass,
Coimbatore

Let us presume you have a pleasant surprise this morning. The Prime Minister of India talks to you over telephone and extends a cordial invitation to your whole family for a programme-cum-dinner to be hosted the next day at his residence where only *a few selected guests are invited*.

Won't you feel effervescence, joy, and excitement? The higher the status of a person, the more people want to get closer to him. But it is often forgotten that whatever status, position, wealth, records and awards a person gets during his life-time, alas, he has to relinquish everything, including his own body, at the time of death!

The VVIP of Eternal Drama

The VVIP of this Eternal World Drama of 4,38,00,000 hours is none other than the Supreme Soul, God Shiva, Supreme Father of all souls. He is VVIP (or rather VVIS meaning Very Very Important Soul) not because He holds the highest throne or status, but because He is the Highest

source of Energy, Love, Peace, Knowledge, Purity, Bliss, Happiness, Mercy etc. and is the Bestower of Liberation and Fruition. By remembering Him alone, the soul attains everlasting peace, love, bliss, light and might. Thus through meditation on God, one evolves step-by-step, into deity of the ensuing Golden Age being established in this very Bharat. This VVIP is presently playing His role of imparting Godly Knowledge and Rajyoga Meditation to human beings, irrespective of their caste, colour, language, religion, nationality etc.

Supreme Protector

To meet saints or heads of religious institutions, people spend exorbitant amounts of money. But here we need to give only five counterfeit coins namely lust, anger, greed, attachment and ego, besides one's body-consciousness, to meet the Supreme Father and to get Godly Education from him. What is more, one gets in return the golden-aged world as god-fatherly inheritance for 2500 years or for 21 births.

God is said to be beloved, protector and special benefactor of the poor. Nothing pleases him

as much as an innocent and honest person.

Shiva Jayanti or God's Descent

It is at the fag end of Kaliyuga that God Shiva incarnates in this world to liberate all souls, His children, from the bugbear of *Maya* or *Ravan*. Indian civilization, like a few other civilizations elsewhere in the world, has a rich tradition of depicting spiritual truths in the form of mythological and scriptural symbolism. Even the renowned psychologist Carl Jung had visited India to study Indian mythology and its latent meaning. For example, the human Soul is depicted as Sita in Ramayana, similarly God is represented as Rama while vices in human beings are given the form of Ravan.

The festival of Shivaratri or more correctly Shiva Jayanti contains a lot of spiritual truths. God is said to incarnate in this world during the night of utter darkness. On the occasion of Shiv-Jayanti, in the cult of devotion, people do not bat an eyelid and remain wide awake throughout the night to hear stories, praise, songs and

discourses on God Shiva to wipe out their past sins. This custom tells us the truth that God incarnates in this world when there is utter darkness or a total collapse of righteousness (Dharma).

God Shiva is depicted as Shivaling in temples. This means that God does not have and is immune to the cycle of birth-and-death and hence has not. Therefore, He makes an ordinary human being His instrument or chariot or *Nandi* whose form we find installed in almost all Shiva temples. God Shiva uses this medium to impart Godly knowledge and Raja yoga meditation to the mankind. In the Vedas, God is said to have the form of thumb. The word 'Shivaling' means 'symbol of Shiva' which, in turn, may be likened to an orb of Light, the true form of God Shiva.

Most of the religions of the world have concurrent doctrines on the fact that God is in the form of light. In his world-famous and extraordinarily valuable work 'Varieties of Religious Experiences', the great psychologist William James analyses innumerable experiences of spiritualists, religious personalities and others. Strikingly most of these

experiences pivoted on the fact that God is of light-form and Ocean of Love. Similarly modern researches on what is called Near Death Experiences (NDEs) also point to the same.

However, in the Indian context God Shiva is often incorrectly identified as Shankara who is a subtle deity. It is said that when God opens His third eye, everything in this world gets destroyed.

As said earlier, these aspects also are symbolic. Now in this confluence Age or *Sangamyuga* God Shiva gives us the supreme Godly Knowledge which is likened to Third Eye. After getting this Knowledge, we start to see ourselves as well as others as souls, points of sentient light in the forehead and thus become soul-conscious and God-conscious. As this practice of meditation increases, one attains the stage of perfection at the end. By the time 9,00,000 souls, the required number of inhabitants in the beginning of Golden Age become perfect, this iron-aged Kaliyugi world is about to face final destruction, which is generally carried out

by three agencies namely natural calamities, civil war and nuclear holocaust. Such a long process is said to be the opening of ensuing Golden-aged civilization.

God also enables His children to conquer vices like lust, anger, greed, attachment, ego etc. which are likened to venomous snakes and in this very world of snakes and poisonous organisms or vices and negativities, God Shiva performs His sacred duty of purification of souls, impartation of Godly Knowledge and God-Fatherly inheritance to humans, and creation and establishment of a new world order. No wonder, therefore, that in the cult of worship Shankar is shown to be adorned with snakes.

The secrets of the Cult of *Bhakti* may be explained on the basis of Godly knowledge or God Shiva's Revelations. More knowledge can be gained from any of the meditation centers of the Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya. Let us lovingly remember Shiva Baba and become both – subtle angels presently and deities in the near future Golden Age. ●

God Father Shiva incarnates in this old world and relates the knowledge of the beginning, the middle and the end of the whole world... He says: I will purify all of you and take you back home. I will not leave even one behind.

READERS' FORUM



Dear Sir,

I have been a regular reader of "The World Renewal" for the last 6 years. This is an important medium of Godly service. Its articles are so powerful that once a person goes through it, there is bound to be a magnificent transformation in him/her. I am often inspired and encouraged by the editorials of BK Nirwair. In the February issue in "Turning Point for Humanity" he highlighted Bharat as the Mother of civilizations from where the humanity spread its wings all across the globe and also stressed that educating a woman is educating a whole family.

The World Renewal is certainly a great mantra for self- transformation and world transformation. The world around us can get transformed within no time provided we follow all the important preachings of God, which are highlighted in The World Renewal.

– P. Shyam Sunder, Hyderabad

Dear Editor,

After going through several issues of your esteemed magazine "The World Renewal", I congratulate you on your sincere efforts to draw public attention towards values and virtues and simple ways of achieving peace of mind in the present turbulent times. Your organised efforts to remove social evils—casteism, communalism, dishonesty in

public life, superstition, etc. — are really praiseworthy. I have full faith that your good wishes and endeavors for the rejuvenation of the entire humanity would definitely bear fruit. I am reminded of a practical incident to support it.

Master Hirannaiah, a well-known Karnataka dramatist was touring US in mid 1980's. One of the places where he stopped to perform was Detroit City (Michigan). Pampa Kannada Koota, a local Chapter of the Kannada Association of the North America, hosted him. He was a habitual alcoholic. It was a pleasure for Karnataka families he visited during his tour, to offer alcoholic drinks. One of the hosts felt that the talented dramatist should not become a prey to alcohol. He said to Hirannaiah, "Please do visit Detroit again but by that time we want to see you a non-alcoholic."

A year later, I visited Master Hirannaiah at his home in Bangalore. Then he narrated the following sequence of events to my astonishment and pleasure:

"I had been regularly consuming alcohol since I was a teenager. My friends and well-wishers tried to stop me, but couldn't succeed. Later on my father found out and admonished me to quit alcohol but I did not do so. Due to drunkenness, I became sick. The doctor as well as my mother advised me against drinking. Later on my wife and children begged me to quit, but to no avail. But now I don't drink alcohol any more, because people from Detroit requested and insisted me not to drink, because they loved me, respected me and did not want to lose me due to alcoholism. I couldn't say "No" to them, to their warmth and kindness."

Your bold and noble efforts in creating a vice-less, virtuous and righteous society would definitely bear fruit, for we know that "somewhere, sometime, something clicks."

—Dr. S. Vishwanath, USA

Sir,

I read December 2004 issue of your magazine 'The World Renewal'. I found it very interesting and inspiring. Specially, I liked the Spiritual Quiz by B. K. Sunita.

Remembrance Day Issue (January, 2005) was really excellent. B.K. Ranjit, N. Delhi did a wonderful work as he interviewed those fortunate souls who personally met Brahma Baba, founding Father of the B.K. movement. Small incidents pertaining to Brahma Baba's life depict his greatness and humility and leave an indelible imprint on our mind. February 2005 issue contained "The Inner Beauty" – the story of the establishment of Stanford University which was really impressive and it inspired us to remain undisturbed and stable even when others ignore and insult us, and "blessing comes in disguise". The role of BKs. in conserving environment ("Peace Park in Mumbai") is worth emulating. Practical experiences of B.K. Leela Bose and BK Nalin Pithwa strengthen our belief in God and His divine acts.

I have one request that if possible, kindly publish more and more articles especially for the children and the younger generation, as they are the future builders of the society.

I extend my heartiest congratulations for publishing such an important and educative magazine.

— Harsha, New Delhi

Thus spake God Shiva

"On the day of Shiv Jayanti, all Brahmin souls have two aims: one is a promise to themselves and the other is to hoist the flag of the Father's revelation. All of you have these two particular aims in your heart. So BapDada saw the register of the past of all the promises you have made. Every year, each one of you made a promise in the right way in your thoughts and words.

You have done very well. However, from today, that is, after celebrating this birthday (Shiv Jayanti), especially underline one phrase. It is a common phrase. It is not a new phrase. That phrase is "Constant Determination". Not Determination sometimes and carelessness in determination sometimes. When you have Constant Determination, the sign of that is that there will be constant 100% success in your every thought, word, deed in terms of the self, service and in your relations. For as long as Brahmins lack constant success in all these things, then, according to the drama, revelation is also delayed. Success is the basis of revelation. Let every word be filled with success. Let every thought be filled with success." (Avyakt Vani—11th march, 2002)

TO OUR ESTEEMED READERS

We thank our readers for their overwhelming response to our column Readers' Forum.

No magazine can be complete without the active participation of its readers. We eagerly await your opinions and suggestions. Your suggestions would definitely inspire us to make each new issue a better one. Please send your letters along with complete name and full postal address/ e-mail, to :

Readers' Forum,
'The World Renewal',
Gyanamrit Bhawan, Shantivan,
Abu Road-307510,
Rajasthan (INDIA),
e-mail: theworldrenewal@yahoo.co.in

OUR BENEVOLENT FATHER

■ **Brahmakumar Nagaraj,**
Hyderabad (BHEL)

I was introduced to the spiritual knowledge of Brahmakumaris in 1999. I joined their 7-day course but did not attend it regularly. When B.K. sister asked me why I was not regular, I replied that I came only to pass time and that I would attend the classes whenever I was free. These words must have hurt her a lot, but she didn't get angry with me (**because GOD had already given her power, peace and love**). Later she told me that one day I would definitely follow the divine path.

I continued to attend classes from time to time. After some months, I noticed that I was benefiting in terms of my family relations and my job. Whenever good things happened to me, I would go to the murli classes on those particular days. I also started to attend regularly on Thursdays. The B.K. sister advised me to attend classes three days a week. But I did not respond to her request.

Whenever a problem arose in my life, on that particular day

I used to go to the Centre. I would inform about the problem to Baba and also to the B.K. sister.

I, along with other B.K. brothers and sisters visited *Madhuban* in February 2002. There I met my Spiritual Father and experienced Him as He is. From that day onwards I have been communicating with my Supreme Father.

My mother has been suffering from heart disease. She has high blood sugar, hyper-tension and paralysis. On 23rd December, 2003 she underwent an angiogram test at 'Care Hospital', Nampally, Hyderabad and the doctors told us that by-pass surgery was to be done, otherwise she would not survive. From 23rd December 2003 to 4th January, 2004 she was admitted at Care Hospital. I spent 31st December (The day of Bapdada's Avyakt meeting in *Madhuban*) in Care Hospital. On that night at 12.00 pm I really asked God – "Oh Father, one of your children is crying in the Hospital and you are happily spending your time with the other children at *Madhuban*. If I am really your son then please help me and save my mother so that I can meet you in this

Purushottam Sangamayuga. Otherwise, I will not attend the Murli classes", I said to God in my prayer.

The by-pass surgery was fixed for 12.01.2004. The surgeon had already told us that because she had paralysis, high sugar and high BP, operation might not succeed. And finally he told us that there were 50% chances of success.

I informed this to God, the B.K. Sister-in-charge and all B.K. brothers and sisters of the centre and asked them to send good vibrations. "If anything adverse happens to my mother then I will not believe in the BK organization": Such negative thoughts were being created in me by *Maya*. The B.K. Sister, with all other souls, helped me by sending vibrations.

On 11.1.2004 suddenly my mother experienced heart pain and the doctors informed us that the operation would be done on 12.1.2004. We went to the hospital at 8.45 AM. At 9.00 AM the doctor told us that there were only 10-15% chances of success because she had developed pain. He further informed us that if pain arose anytime during the operation she would be no more. "If this is

acceptable to you then you should pay at the counter an amount of Rs.50,000/- otherwise we would discharge the patient", the doctor said to us firmly. These words hurt me and I again prayed to God. After remembering Baba I paid an amount of Rs. 25,000/- and gave a post-dated cheque for the remaining amount at the cash counter. After that I could not see my mother because B+ blood was being collected for her operation and the doctors took her to the operation room (accompanied by my father, my brothers and relatives). I was giving blood. The operation started at 10.00 AM. At 3.30 PM the doctors brought my mother to a closed circuit room and told us that the operation was a success. That good news was already given to us by Baba.

All the B.K. brothers and sisters of our centre had booked their tickets to go to *Madhuban*

on 14.1.2004 to meet Bapdada. On that day I went to Secundrabad Railway Station and met all the brothers and sisters there and conveyed my heartfelt thanks to all of them for their help. I requested them to say heartfelt thanks to Baba on my behalf. I cannot give the return to Baba for His help.

On that day I promised to my Supreme Father Shiv Baba that I would attend classes regularly and since then I have been attending classes.

This is a real experience which I can never forget. I have gained so much from Baba and I have firm belief that He will be with me till my last breath. We can really see God only with the "Third Eye", i.e., *Gyan*.

My mother is also living happily now. She has been experiencing love of the Supreme Father and receiving care and co-operation of the divine family.

There are 18 members in our family, three of whom are attending classes regularly. All the members are quite co-operative and I hope that all of them will soon recognize their Supreme Father. I now realize that I had wasted a lot of time before I became a B.K. I have brought considerable change in my thoughts and behaviour. I have to become a beautiful and fragrant flower, removing all flaws from my personality. I experience that whatever I need is automatically provided by the Supreme Father. I have now firm faith in Him and promise to live with Him till my last breath. The spiritual knowledge has broadened my view and I see all as divine brothers and sisters, members of the same divine family. I have now an earnest desire to serve the elderly people, give affection, love and co-operation to all. ●

Learning from the Geniuses

Sir Isaac Newton was fond of keeping pet animals and particularly a dog was his favourite. One night, he kept his research notes on the table and went out. A candle was burning on the table and his pet dog was lying under the table. When he came back, he found the papers lying on the table burning into a heap of ashes. The dog had jumped on the table and toppled the burning candle on the papers resulting in the tragedy.

His labour of many years was lost. But, the dog innocently wagged its tail on seeing the master.

Newton, however, kept his cool. It was all because of his own carelessness. He patted the dog on its back and just said, "My dear fellow, you do not know what a great harm you have done."

THERE LIES GREAT BRAVERY IN PATIENCE.

THE GANGES OF KNOWLEDGE

■ Experience of B.K. Sis. Girija
(Interviewed by B.K. Virender)

Rajyogini Dadi Gange was one of the founder members of the Brahma Kumaris-Organisation. She surrendered her life in the service of humanity and contributed a lot in the Godly services, particularly in Uttar Pradesh. Dadi Gange was embodiment of purity, service to humanity, renunciation and sacrifice. She left her mortal coil on 8th October, 2004. B.K. Sister Girija who was fortunate to be associated with Dadi Gange in Godly service, shares her experiences with the readers. As told to B.K. Bro. Virender, Gyan Sarover Mount Abu. — Editor

Question: What were the qualities of Gange Dadiji as experienced by you?

Answer: I got the wonderful company of Dadi Gange for 27 years. She nourished us in a soothing manner. There was seriousness with warmth and forbearing features in her. She taught us divine knowledge with mundane touch. She was master-key to solve the worldly problems. We could see ultimate purity in her. Whenever anyone came with a bag of complaints, she enlightened her/him with the light of Supreme Father's knowledge after evaluating the gist of complaints. She often used to go and sit in Baba's room and never missed the meditation at Amritvela. She paid special attention to Murli and used to explain the secrets of Baba's words. Wherever

and whenever she went to attend any programme, she had the magical power of Godly touching and used to provide Baba's soothing touch to the people



Rajyogini Dadi Gange

present there. People who had an opportunity to listen to her, considered her a fountain of healing knowledge. She served in Kanpur, the city of River Ganga; So Brahma Baba used to lovingly call her *Har Har*



B.K. Sis. Girija

Gange. She used to spend a lot of time to clarify the queries of the aspirants. When we reminded her about the time for rest, Dadiji used to say, "See Girija, we are Gange, Mother Ganga (River) takes everybody's sins." So, everybody felt satisfied after telling it to Dadiji. Dadi ji had sacraments of a donor. She served *toli* to every person who came at 4 p.m., after imparting godly knowledge to him.

Q. What inspirations did you receive from Dadiji?

A. We have learnt a lot from her. She knew adequately the art of loving, donating and nourishing etc. Dadi became an instrument for inducting thousands of brothers and sister into Godly knowledge. She used to give a lot of love to children. She helped to liberate many persons from clutches of vices. Children used to play and dance in her lap.

Q. What was your experience when Dadiji was admitted in the Hospital?

A. Dadiji was admitted in the

Regency Hospital, Kanpur. She used to serve nurses with her divine *Dristi* (blessings through eye). She used to ask about the doctors' well being and presented them Toli. She used to say "I'm okay" when she was asked about her physical condition. She was in severe pain and was in I.C.U. but it was the miracle of her Yoga that she could bear the pain, being in the state of soul consciousness. Dadiji's controlling power was immense. Once the doctor advised her not to take water and she did not drink water even though she was thirsty. All the doctors and nurses were astonished at this. She gave Godly message in the hospital also. The doctor who treats diabetes started weeping when he heard about the demise of Dadiji. He commented that he had never seen such an apostle in his life. Various V.I.Ps used to visit Dadiji in the hospital and helped her a lot. She used to give directions for arrangement of divine Mela (fair) even while she was in I.C.U.

Q. Had Dadiji any Last will?

A. She had two wills. Her first will was to convey messages of Baba to one lakh Souls in a collective manner.

The second will of Dadiji was to go to centre (home) from the Hospital. After bath, she was brought to home from the

hospital. She opened her eyes, went to Baba's Room for meditation, talked and paid thanks to all the companions who served her. She was checked by doctor after bath and was found okay. All the companions were in meditation. She even talked with us regarding the Mela and gave necessary instructions for the same.

But she was contented. She was silent. A defeated soldier knows the value of victory. A thirsty person knows the value of water. A dying person knows the value of nectar. But she had done a lot. She had sown the seeds for her crops. She was satisfied as a farmer smiles to see his teeming harvest. She was asleep in her bed. She breathed her last at 8 a.m. on 8th October 2004. There was extreme silence. There was tranquility of satisfaction on her countenance. The golden bird had left the cosmic abode stealthily.

Her ehummy fellow, Manohar Indra Dadiji reached on time. Due to the forthcoming huge fair, all the B.K. brothers and sisters were coherently united in a federation. The cremation with spiritual rituals took place at 5 p.m. in the presence of more than 6000 BKs. relatives, friends and admirers. Many VIPs also reached from various places. The eyes were wet and hearts

were overwhelmed with love.

She was the combination of this world and that of golden age.

Q. What sort of experiences did you and other B.Ks. had in the fair after Dadiji left for ultimate abode of silence?

A. Oh yes, it was the occasion of the Mela in the ground of Moti Jheel from October 16, 2004 to October 24, 2004. More than a lakh people visited the fair. Baba sent a divine message that Dadi Gange would subtly visit the fair. Many BKs also got the touching of the same. The photo of Dadiji was also prominently placed in the fair.

A Brahmakumar saw that Dadi Gange had been watching the Mela from the moon. Another Sister 'saw' that Dadiji was present in the living tableau of Goddess Durga and she was giving blessings through *Dristi*. Another brother 'saw' that Dadiji was controlling the crowd of the Mela. In fact, second message of lovely and comely Baba was that Dadiji visited the fair through her subtle body.

Gange Dadi was indeed **Har Har Gange** who led the warriors from darkness of ignorance to the golden threshold. She purified the downtrodden and rekindled their inherent capacities. She showed the mirror that reflected their angelic forms. ●

Significance of Shiv-Jayanti

– Brahmakumar Surat Bahadur Ayer,
Kathmandu, Nepal

Creative transformation of human nature for its betterment is the need of present time. Even though human beings try to bring transformation as per their need, now a days man is passing through a host of miserable circumstances such that it demands some drastic and rapid changes; it has become inner call of every soul, because in the present time the authority of religion and regimes or establishments have lost their inherent power as they have become polluted. Human beings have now begun to realize the need of values and purity of character.

Every year the incarnation of God, the Supreme Father is celebrated as “**Shivajayanti**”. God only has power to become the fulfiller of human soul’s inner desires.

A Festival with Splendour

If we realize the spiritual secret of Shivjayanti then the world transformation could become an easy proposition. Shiv-Jayanti is the holy festival

for the souls of all religions, civilizations and cultures, if we were to understand it deeply. It is mentioned in scriptures that the thumb shaped kindly light, i.e., the **Joytirlingam** of Shiva emerged on the world in the beginning of creation when the world was fully plagued by extremities of impurities and darkness. In the very beginning of the world, an oval shaped light emerged in the world, which shined and flamed like thousands of suns, as mentioned in the **Manusmriti** scripture. It is mentioned in the religious code of conduct in *Shiva Puran* that in the last moment of the destruction, a unique Shivalingam emerged which shined like a killing fire. It neither decreased nor increased, but looked very wonderful. And from that the world came into real existence. Not only in the religious scriptures of Aryavarta but also in Tora, the religious book of the Jews, christians and Islam, it is mentioned that in the beginning the creation of the world was started by the Supreme Soul, God who first



created Adam and Eve and established the Heaven. In Tora, the name of God is given as “**Jehowa**”, in fact it is the attributive name of **God Shiva**. In different parts of Asian continent there are monuments of God Shiva. All around India, at temples of **Vishwanath** (Kashi), **Aamarnath**, **Rameshwar**, **Somnath**, **Mahakaleshwar**, **Kedarnath**, **Baidhyanath**, **Omkarnath**, **Bhuvaneshwar** etc., image of God Shiva, the Shivalingam is worshiped. Not only in Himvat region but beyond it also in main cultures of the world, there are significant images of God Shiva. In Nepal there is a big image of God Shiva, the **Pashupatinath**. In Babylon, Egypt, Unan and China, some times ago there were images of God Shiva called ‘**Shiwan**’. In Egypt God is worshipped by the name of ‘**Sewa**’. In Rome they called it ‘**Priyapus**’. In the church of

Italy the symbol of Shivalinga is called 'Huveda Hiphuah'. In Greece also people call it as 'Phallus' and in Kaba the statue of Shiva was found first established. It was the saying of researchers that the Kaba was also Shiva Lingam some time ago as **Makeshwar**. Supreme God Father had done special benevolent task for the world transformation, that's why there is worldwide acceptance until today.

The Significance of Shivaratri

Now a days, the importance of Shivaratri is not known to people properly, as the secrets of Shiva and Ratri are not known to them. In the total duration of a day, during its twenty four hours, there comes a night time but in the lives of people of Aryavarta three nights are important: **Shivaratri**, **Navaratri** and **Deepawali**. Shivaratri is also celebrated as such a night when blessings of God can be received by staying awakened. As the tradition goes, it is only on one single day of a whole year that the festival of Shivaratri is celebrated. It is very much necessary to know the mystery and the real meaning of it.

This festival is celebrated in the remembrance of God

Shiva's divine birth, His divine descent in the world from the incorporeal world. In fact, due to the divine act of the Supreme Father, benevolent transformation of the world takes place. The night here denotes the darkest age of ignorance, extreme impurity and irreligiousness. Such time comes at the end of Iron Age (*Kaliyuga*). Supreme Father, God Shiva taking incarnation in such critical time draws every one's attention for the welfare of all and does the act of world benevolence. Therefore, it is called Shivaratri.

This is a known fact that Supreme God Father Shiva is beyond the cycle of birth and death and is thus fully detached from the worldly *karmic* bondages. As the incorporeal father, mother and the sustainer of every soul, God descends in the body of an ordinary person at the end of Iron Age (*Kaliyuga*) to liberate us from bondage of sorrow and ignorance.

God re-establishes Heaven on the earth, purifying souls completely, by giving Godly knowledge and teachings of Rajyoga Meditation through the lotus mouth of "**Prajapita Brahma**". **Brahma** is a name given for his virtuous actions of Godly sustenance to other

human beings. God purified this whole world through the Ganges of knowledge. All the signs of irreligiousness, as mentioned in the scriptures, are visible these days. Therefore, today we find the blatant misuse of science and technology, e.g., the manufacture of mass destructive weapons—bombs and missiles; nobody knows which moment would be the last moment of the world! The time period during the end of the above mentioned Iron age and the beginning of the Golden Age, comes the Age of enlightened state of human souls which is known as the auspicious Confluence Age, once in every Kalpa. It is the time when Incorporeal God descends in the human body. This **Nandigan (Bhagirath)** is in fact **Prajapita Brahma**, the chariot of God. At this very time the Sun of Knowledge and wisdom, Supreme Father Shiva rises on the earth to transform and divinise human souls for purification of the world.

God Father **Shiva** started His mission by establishing a Global Institution of Spiritual Knowledge and Rajyoga named **Prajapita Brahma Kumaris Ishwariya Vishwa Vidhyalaya** through **Brahma** in

1937. In order to fulfill His Godly task of world benevolence and supreme commitment of world transformation through soul purification, God has emerged into physical form solely as per His ever present virtues of compassion, kindness and affection for the humanity.

In the commemoration of this God Fatherly divine incarnation, the festival of Shivjayanti is celebrated and because this divine act has been going on for the last 69 years, we are celebrating this year's Shivjayanti on Tuesday, the 8th March, 2005 as 69th Shivjayanti festival.

This festival is celebrated

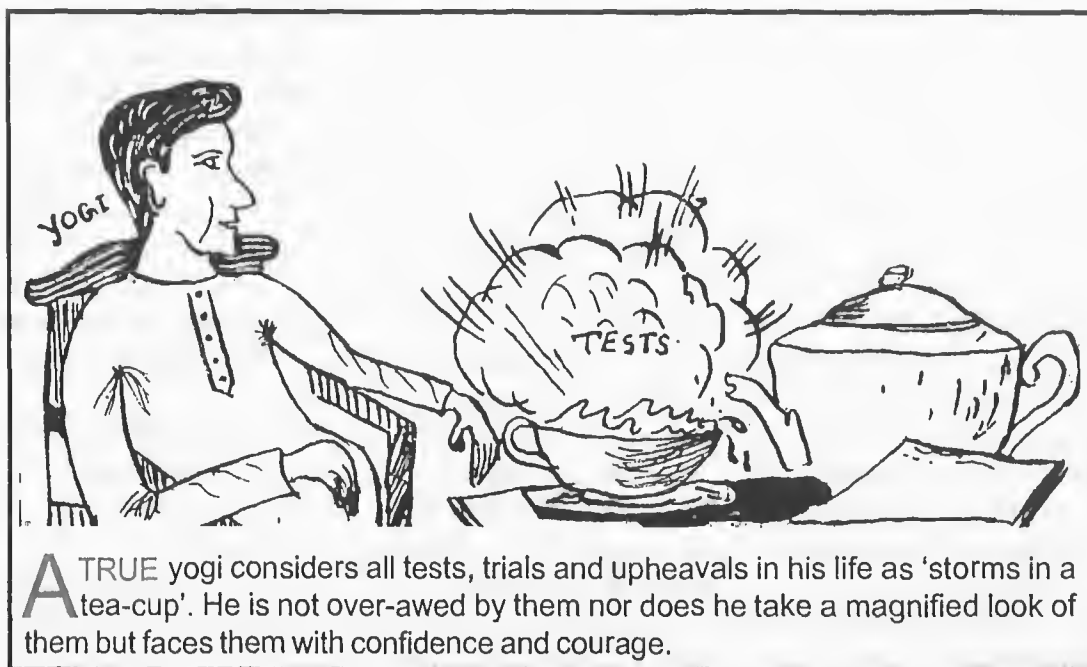
in different ways in the world as per their faith and belief in the Incorporeal God.

Those who get up from the sleep of ignorance in this dark night by having the understanding of this real spiritual knowledge to its deepest meaning would receive blessings of God. The one, who follows the supreme code of celibacy, becomes vegetarian, assumes virtuous character and adopts Godly Company maintaining constant communion with the Supreme through Rajyoga Meditation would now definitely be fortunate to receive liberation and fruition in life as a God Fatherly

Birthingright.

On the occasion of this festival intense meditation is practised to burn out one's negative karmic accounts, lighted lamps are offered to God in devotion to Him and as a symbol of spiritual enlightenment. Intoxication of limitless attainment can be experienced through the remembrance of God.

This festival inspires us to become good and gives the message of 'Be Holy and be Raja yogi' to the people of the world for the attainment of their complete stage of perfection.



ETERNAL WORLD DRAMA—

The Eternal Interplay of Physical and Metaphysical Energies – XVI

Contd... from February 2005 Issue

■ B.K. Nityanand, B.K. Colony,
Abu Road

This creation is an 'eternal world drama' – an interplay of physical energies of living and non-living matter with metaphysical energies of souls and the Supreme Soul. Ultra microscopic particles of physical energy called atoms constitute over 100 elements that form both living and non-living matter. Human being (*jeevatma*) is a combination of body (*jeev*), the insentient physical energy, and soul (*atma*), the sentient metaphysical energy. Different energy levels and vibrations of neighboring atoms cause the appearance of form and colour we see, sounds we hear, smell, taste and touch we experience. Atoms unite to form molecules that constitute elements or compounds. Physical energy trapped in living matter is called biological energy or life-force that sustains itself based on the 'Law of Biogenesis'. The quality called 'life' is closely associated with organic compounds formed of carbon and hydrogen with other elements. Nucleoproteins containing DNA and RNA molecules are considered to be the demarcation between living and non-living matter.

The metaphysical energies of the soul (consciousness) manifesting as thoughts, decisions, desires, memories, emotions etc. control the biological energies of the human body through the neuro-endocrine systems. Thus the quality of 'life' and the quality of 'consciousness' are distinct from each other, the former being physical/biological energy, and the latter being metaphysical energy. We have, so far discussed these aspects and the role of metaphysical energies in health and disease; role of God in rejuvenating energy cycles to sustain the 'world drama' eternally; insight of quantum physics on human consciousness, and the process of spiritual evolution through transformation of human consciousness; the interconnectedness of the self, mind, body, relationship, society and environment; the interconnectedness of seven *original attributes* of the soul held in *sanskar*; the secondary qualities or *virtues* manifested in the faculty of Mind and the tertiary qualities or *values, belief systems* and *powers* manifested in the faculty of Intellect; the process of spiritual evolution through RY or loveful remembrance of Shri Bebe as Supreme Mother-Father, Teacher and Preceptor (*Satguru*) becoming embodiment of the primary attributes of Truth (knowledge), Peace, Love, joy, Purity, Power and Bliss (Balance).

Let us now look deeper into the functioning of the three faculties of the Soul-Mind, Intellect and Sanskar through the insights of Godly knowledge and those of Arian Sarris, a transpersonal

psychotherapist^{1*}.

The Essential Functions of the Mind (Emotional Self):

Thoughts, imaginations, creation of ideas, sensations, desires, feelings and emotions are essential functions of the

emotional self. The soul uses the mind as a screen or field on which thoughts, sensations and ideas are projected as images. An experience, feeling or emotion is the impact of these projections. If I want to feel good, I have to have the type of thoughts that bring the quality of goodness. However, mind is subject to the whims and inconsistencies of the intellect. Wherever the intellect roams, the mind automatically follows, producing all of its essential functions.

Apart from the above functions of mind listed by Ken O' Donnell^{2*} based on Godly knowledge we shall consider the functions of the mind or 'Emotional Self', identified as the 'Inner Child' by Arian Sarris (please see part IV). The core beliefs described therein are based on the emotional needs of the 'Inner child', and these determine how you will interact with others. Based on this need, you face people with openness and optimism, or with fear, despair, hatred, hostility etc. Because of the unfulfilled need for safety, love or self-identity you tend to believe that you are unworthy of anything that would provide these. Then your thoughts, actions and beliefs are

1*. "Healing the Past for a Vibrant Future" by Arian Sarris, published by Pustak Mahal in India.

2*. "Pathways to Higher Consciousness" by Ken O' Donnell, published by 'Eternity Ink' on behalf of BKWSU, Australia.

in reaction to your core belief, either striving to counter its influences or succumbing to that belief. In the face of an emotional need, your heart rules your head. Logic can neither sway, nor argue the 'Inner Child' into submission because your child's emotional needs far outweigh intellectual reasoning. The foundation of the emotional self is love that comes from within, assuring you that you are now safe and taken care of. When you clear away the painful, non-loving beliefs and behaviours, the 'Inner Child' and yourself open up for nurturance by God by divinising the intellect and filling the mind with positive emotions.

Key Functions Of The Intellect (Rational Self)

D e c i s i o n - m a k i n g ; discernment or discrimination power; reasoning power; ability to remember, associate and identify; will-power; ability to understand, know and recognize; judgment are key functions of the Rational self. Intellect, being the ruler of the Mind, is the principal faculty of the soul. The feeble and befuddled intellect subjugates itself to two worlds: one is the external world of senses, and the other is the internal world of thoughts, feelings and personality traits. Intellect

allows or refuses entry of thoughts into the process of action and result according to its own set of rules and perceptions that constitute your belief system which in turn controls your attitudes. The accuracy of the role of intellect as door-keeper can be heightened through meditation so that positive qualities are permitted entry and continuity while negative ones are weakened and transformed. The strength or weakness of an individual depends on how well the intellect functions.

We have two kinds of belief systems – 'macro' and 'micro' based on which the intellect functions. Macro belief systems involve large values like moral or ethical, governmental, religious and philosophical codes. These are the tenets that define you as Hindu, Muslim, Christian, Sikh and so on. Other beliefs related to a particular doctrine, organisation, country or attitudes like feminism, intellectualism etc. also come under the macro belief system.

Micro belief systems are person-centred, arising out of personal experiences and family beliefs. From an early age, you choose the behaviours that give you love and safety you need in your family. You incorporate the values acceptable in your family

and the world around into your belief system. These are often, both subtle and unconscious. Belief systems get cemented, first by family attitudes, later by religions, school, television shows, friends and so on. All the three core beliefs explained in part IV create core messages like—"I have no right to be alive" when you are born in a world that appears unsafe; "I don't deserve love" when you are neglected; "I have no right to be myself" when you are smothered by over-doting parents. All these messages create a core belief—"I am no good". If you hold an image of yourself as worthless, every single decision you make reflects that belief system, and you create conditions that make your life worthless. Abusive relationships reinforce your bad self-image. Your belief systems are like screens of different shades and patterns in front of your eyes obfuscating some areas and giving a tunnel vision in others. You form your self-image based on how people see you, what you believe about yourself, and your attitude towards others and the world. This self-image affects everything you do, feel, desire or fear, and it affects your vibrations too. Your family, employers and acquaintances

perpetuate or enhance your feeling of worthlessness. Godly knowledge and RY meditation help you regain your self-esteem.

SANSKAR (SUB-CONSCIOUS MIND)

Sub-conscious mind or *Sanskar* is a major manifestation of human consciousness (Soul). It can be compared to a receptacle that contains habits, tendencies, personality traits, memories, values, beliefs, learning, talents, instincts etc. The quality of activities of the other two manifestations of human soul – mind and intellect are based on the quality of *Sanskar*. It gives the Soul its specific configuration, just as each compound has a specific chemical configuration, depending on which it reacts. It is the archives of all previously recorded experiences. It has the complete data of the soul's roles in the entire cycle of EWD, and this is the basis of our individual uniqueness.

We have already discussed about the positive chain of awareness–thoughts–decisions–actions and experiences we had when we were soul-conscious divine beings in the first half of the EWD, i.e., during the Golden and Silver Ages. We have seen

how the body-conscious human beings emerged during the second half of the EWD, i.e., during the Copper Age and how the negative cycle of awareness–thoughts–decisions – actions and experiences during the Iron Age brought us to the present state of extreme degradation, disorder, confusion and chaos. We have also seen how God (Shiv Baba) intervenes at the end of Iron Age to reverse the state of entropy by re-charging the human souls by imparting the true knowledge about the soul, the Supreme Soul and the EWD; by nurturing them through all relations experienced in RY.

Sanskar, being the receptacle of original attributes, virtues, values and all the experiences projects thoughts, desires or feelings in the Mind's screen initiating either positive or negative chain of awareness–thought–decision–action and experience depending on the state of soul-consciousness or body-consciousness respectively. A thought, desire or feeling arises in human mind based on past experiences

recorded in *Sanskar*. The negative experiences of the recent past get projected as negative thoughts, desires or feelings frequently because they are at the top of the stockpile of experiences in the receptacle of *sanskar*. Through the practice of soul-consciousness and RY we are able to dig out the original attributes of the soul from the bottom of the stockpile in the receptacle of *sanskar*. Thus, the positive chain of awareness–thought–decision–action and experience gets repeated every time we practice RY. With Continued practice of RY, the receptacle of *sanskar* gets filled with positive experience of the original attributes, virtues and values. With this change in the self, the world changes as explained in part XIV.

PSYCHOBIOLOGICAL ASPECTS OF SPIRITUAL EVOLUTION AND WORLD TRANSFORMATION

Our journey of spiritual evolution from human being to divine being during the Confluence Age can be

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hastened through a clear understanding of the psychobiological information available in part III, IV and V. Let us relate these aspects to the views of psychologists regarding the spiritual or psychic (metaphysical) energies of a person. According to one school of thought, conscious mind (this includes both the Rational self and Emotional self) is capable of using only 10 percent of the total psychic energy, while the 90 percent is vested with the sub-conscious mind (*sanskar*). Super-conscious Mind is construed to be the sum total of both conscious and sub-conscious minds, and hence having 100 percent spiritual energy of the person. Intelligence Quotient (I.Q.) of a person should be the measure of the metaphysical energy of the intellect or 'Rational self. Emotional Quotient (E.Q.) should be the

measure of metaphysical energy of the 'Emotional self' (Mind or 'Heart'). On the same lines, the Spiritual Quotient (SQ) of a person should be the measure of total metaphysical energy of a person – the soul that includes, Mind, Intellect and *Sanskar*.

In part V of this series we have seen that the terms Super Conscious Mind, Higher Self or *Swamprna Swarup*, *Videhi* or bodiless soul denote the perfect original state of the soul. We are in super conscious state when we are soul-conscious, and then original attributes (primary qualities) of truth (knowledge) peace, love, joy, purity, power and bliss (balance) recorded in the Sub-conscious Mind (*Sanskar*) come into play projecting the secondary qualities or virtues and the tertiary qualities or values at the conscious level, i.e. the faculties of mind (Emotional Self) and

intellect (Rational Self). When the mind or 'Emotional Body' is filled with positive thoughts, desires and emotions; when the intellect or 'Mental Body' is filled with positive belief systems, the organ systems of the physical body function optimally making us healthy and relaxed. When we are healthy and relaxed physically and mentally our relationships become harmonious, and the human or moral values come into play re-establishing the original states of society such as order, co-operation, justice, tolerance etc. Then the environment also returns to its original states of cleanliness, harmony, balance etc. Thus our spiritual evolution leads to world transformation.

In the forthcoming part we shall continue with the discussions on our spiritual evolution from a human being to divine being. ●

THE LORD OF THE MORNING

Heavenly God, the Father, doesn't come into heaven to establish heaven. He says: I come between hell and heaven, at the Confluence Age. People speak of Shiv Ratri. I come in the night. The father comes in this extreme darkness to bring light.

People sing: When the Sun of Knowledge rises, the darkness of ignorance is dispelled. That sun gives light. This refers to the Sun of Knowledge. Knowledge is said to be light. People donot have any knowledge of those whom they worship. There should be complete knowledge of the One whom you worship... He comes and brings the dawn.

– Quoted from 'Satyam Shivam Sundram'

TSUNAMI RELIEF MEASURES

— News From Tamilnadu —

Visit to the Tsunami-affected Areas—BKs visited Tsunami affected coastal villages—Nambiar Nagar, Keechankuppam, Akkaraipettai, Maruthur, Scruthur, etc.

Peace March — About 300 BKs and 100 local people participated in a peace march which was flagged off by Bro. Abdul Rahoob, Supdt. of Police, Nagapattinam.

Pledge taking Ceremony—A function was arranged for taking pledge. Nearly 1,000 people attended it. Local VIPs praised Brahma Kumaris for this selfless service. BKs distributed school bags containing notebooks and other stationery items and Tamil dictionary to ten school students. Bro Abdul Rahoob, Supdt. of Police, Nagapattinam distributed these items on behalf of BKs.

Thereafter, school bags containing the above-mentioned items were distributed to nearly 2400 students. BKs have also arranged for distribution of School uniforms, the stitching of which is going on.

BKs have also distributed set of 300 books in English and Tamil for library in 4 schools. BKs are also arranging

cupboards for library books, besides benches and desks in all schools.

Distribution of Study materials at the schools—On 19th February 2005 BKs visited Panchayat Union Elementary School, Akkaraipettai. This school building was affected by Tsunami, 78 students of this school lost their lives. Local BKs, Bro. Kayaroghanam, Bro. Kumar, Bro. Prakash and others assisted in distributing relief material.

Teaching Aids and Library Books worth Rs. 10,000/- were presented to the school and study materials distributed to the students.

Sis. BK Eswari gave Baba's message to 57 school teachers in her 20-minute speech they invited her to visit their schools for teaching meditation.

Counseling at Temporary Shelters—At Nagapattinam, people suggested that Brahma Kumaris should counsel the Tsunami-affected people. Some Seva Bharathi leaders and a few Government officials were thankful to Bro. BK Ramakrishna of Hyderabad who had sent them some points for this service.

On 13th Feb. 2005 a group of 50 BKs from Tamil Nadu did counselling service at Nagapattinam. Sis. BK Deepa of Thanjavur led the group. They

counselled about 1000 families. They also visited temporary shelters at Akkaraipettai. There they gave counselling to 800 families. They are idle without doing any job as they are accustomed to do only fishing. After counselling they showed interest to learn Raj yoga Meditation. BKs have got one shelter as Gitapathasala for taking classes at Keechankuppam and have started classes there.

Distribution of Study materials at the schools—On 14th Feb., 2005 BKs visited Sinthanai Sirpi Nursery Primary School, Akkaraipettai. The building of this school was affected by Tsunami and 28 students lost their lives. Sis. BK Deepa from Thanjavur, Sis. BK Punitha from Karaikal, Bro. BK Sakthivel from Ramnad, Bro. BK Shiva from Kumbakonam, Bro. BK Shankar from Pattukottai, Bro. BK Saravanan from Tiruvarur and Bro. BK Kayaroghanam of Nagapattinam counselled the students and made them to come into a happy mood. Sis. BK Radhika from Kodaikanal and Bro. BK Balamurali gave counselling for the teachers. The Principal Sis. Indira Gandhi showed interest to make arrangements for conducting counselling classes in the school regularly.

Bro. Chakrapani, Nagai Municipal Commissioner and Bro. Vinay Kumar, Nagai Municipal Health Officer appreciated Brahma Kumaris for their timely help. Bro. BK Suresh and Sis. BK Meenakshi distributed the Teaching Aids and Library Books worth Rs. 10,000/- to the school. Then they distributed study materials to the students.

~ Kollam, Kerala ~

In the first week of January 2005, BKs had distributed cooking utensils and kerosene stoves to nearly 500 families and 1000 sets of dresses to the affected areas in the camps. Since then, many people have been coming to the centre at Karunagapally. Nearly 1785 people till now have taken benefit from the meditation and

counselling classes. More than hundred people are coming daily for Murli classes also. There is a harbour near Alapadd area. On the coastal area, there are 5 schools – many students from these schools lost their lives during Tsunami. All the schools have lost all their furniture—tables, desks, chairs—everything was shattered. BKs are trying to help them in every way.

There are nearly 2000 families staying in the relief camps. Dr. Pratap from Global Hospital, Mount Abu visited these areas on 30th January 2005. After his visit, they look forward to Brahma Kumaris and Global Hospital with a lot of expectations. Dr. Pratap also suggested to run a mobile medical unit for 6 months, so that all can benefit from it.

On 22nd February 2005, Sarala Dadi from Bangalore flagged off the Mobile Medical Clinic Van in a function. Then Bks met Matha Anruthanandamayi at the ashram at Amruthapuri at 1.15 P.M. Presently, BKs have purchased 650 umbrellas for distribution to schoolchildren and they are purchasing 1000 family sets for distribution to families in Relief camps. Each family set costs Rs. 500/-. They are also purchasing 500 school kits for distribution to schoolchildren. School kit contains (School bag, Instrument geometry box, note book - 2, pencil, pen, rubber, plate, glass, Tiffin box and each school kit costs Rs.300.

The BKs are grateful to all well-wishers for their co-operation for success in this spiritual and social service.



Nagapattinam: B.K. Sis. Meenakshi, Bro. Chakrapani, Nagai Municipal Commissioner and Bro. Vinay Kumar, Municipal Health Officer distributing study materials to students affected by Tsunami. The students of Pakkirisamy Govt. High School Karaikal Medu listening attentively.

Godly Service Reports

Contd. from page...1

NEW DELHI

Inauguration of "SHANTIBHAWAN"

A newly constructed Rajyoga Centre was inaugurated in Outram Lines, Kingsway Camp, Delhi by Rajyogini Dadi Janki, Addl. Chief of Brahmakumaris and Rajyogini Dadi Hriday Mohini, Jt. Chief of Brahmakumaris on Monday, 28th February 2005. Many senior B.K. brothers and sisters and local people in large number also attended the inauguration ceremony and the special function arranged on the occasion. Dadi Janki, Dadi Hriday Mohini, Rajyogini Dadi Rukhmani, Rajyogini Dadi Kamalmani, B.K. Sis. Asha, B.K. Sis. Pushpa, B.K. Sis. Shukla, B.K. Sis. Sundari, B.K. Sis. Anusuya, B.K. Lakshman, B.K. Prem Prakash, B.K. Sunder Lal and all the B.K. brothers and sisters, expressed their good wishes and congratulated B.K. Sis. Sadhana, Centre-in-charge. The newly constructed Rajyoga centre has already been a centre of attraction and doing great spiritual service of the local people. It is hoped by B.K. divine family that the centre would become a Sadhana Bhawan and provide spiritual sustenance to people of the

area.

On this occasion, Bro. Surendra Pal Singh, MLA, also expressed his good wishes. Brother Raj Rup Fuliya, IAS, Commissioner and Secretary, Information Technology & Electronics, Government of Haryana, was also present on the auspicious occasion.

PANIPAT (HARYANA)

A Mega programme aimed at World Peace was organised in HUDA ground of the historic city, Panipat. Rajyogini Dadi Janki, Addl. Chief of Brahmakumaris, Rajyogini Dadi Hriday Mohini, Jt. Chief of Brahmakumaris and Rajyogini Dadi Manohar Indra, Director of Gyan Sarovar Complex addressed the gathering and gave their blessings on the occasion. Other eminent persons who spoke on the occasion included Swami Sarvananad Saraswati and Bro. Anurag Rastogi, IAS, Deputy Commissioner, Panipat. A large number of people from Panipat got spiritual benefit from the programme. B.K. delegates from Chandigarh, Haryana, Punjab, Himachal Pradesh, Delhi, Uttar Pradesh and Brahmakumaris International Headquarter, Mount Abu also participated in the programme.

KOLKATA

(Kolkata Museum)

►► 1. A get together was organized by B.Ks. Kolkata Museum on behalf of O.S.Tannery Pvt. Ltd. where 70 executives from Business and Industry, Import and Export participated and the topic was "Success without stress in Business and Industry". Bro. S.K.Basu, Supervisor Incharge of Kuwait Cement Company presented his own experience on how we can enjoy a real peace in life by practising Rajyoga Meditation and experience a relaxed, tension free life while dealing with day to day tasks also.

Brother S.K.Sikdar, Manager, Philips Medical System, Tanzania, also presented his personal experience. He explained how we can enjoy stability and increased concentration through practising Rajyoga Meditation. A collective meditation was also conducted. The chief guest was Bengali Filmstar – Sri Chiranjit Chatterji, who expressed that he felt a spiritual power there and also found answer to the questions, 'Who am I' and "What is My Identity" after attending the programme.

B.K. Sis. Kanan also stressed the benefits derived from Rajyoga Meditation and explained how one can achieve

success in life by practising the same.

▶▶ 2. A programme on Stress Management was organised by BKs. Kolkata Museum for the employees of Canara Bank at Canara Bank, Mahim Halder Street. The programme was attended by 40 Senior Executives of the Bank from various Branches/ Departments.

Welcoming the participants to the programme, brother B.K. Kalyan explained how stress amongst mankind is increasing in this highly materialistic and consumerist world. He further explained how spiritual knowledge and practice of meditation help in developing the habit of positive thinking thereby reducing generation of waste thoughts in our mind which in turn can help us in leading a stress free life.

Bro. B.K. Manoj (Businessman) introduced the basic tenets of spirituality and explained how it helps to lead a stress free life.

Mass Meditation was also conducted by B.K. sisters.

At the end of the programme, a senior official of the Bank thanked B.K. brothers and sisters for explaining the difference between the Soul and the Body and how spiritual

knowledge and meditation can bring the desired change in one's life for leading a stress free life.

▶▶ 3. On the occasion of the International World Peace Day, a Mass Meditation Programme was organised by Kolkata Museum on 20.02.2005 in Keshar Kunj Hall, South Avenue. Amongst the 100 participants of the programme which mainly consisted of business persons, Bro. R. S. Agarwal, Chairman of the Emami Group was also present. Mass Meditation was conducted by Sister B.K. Kanan, B.K. Kamala, B.K. Munni and others. The programme was highly appreciated and enjoyed for the deep peace vibrations experienced by them. Sis. B.K. Kanan highlighted the benefits of practice of Rajyoga Meditation which can help us in attainment of the Soul Conscious state whereby we can attain self-empowerment by being very close to our Supreme Father. Bro. R.S. Agarwal, highly appreciated the deep peace experience generated during the course of meditation. He also stressed on holding this type of programmes frequently so that large number of people in this

world of turmoil and stress can enjoy its benefits.

BANGALORE

(Holistic Health Retreat for Youth on 26th Jan, 2005)

A Holistic Health Retreat for youth was conducted at Sindhi High School Auditorium by Medical and Youth Wing of Rajyoga Education and Research Foundation and Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Kumara Park Sub-Zone, Bangalore. The function was inaugurated by Dr. P.R. Krishnaswamy, Executive Director, Sagar Apollo Hospital, Bangalore. Other dignitaries who shared their views included:

Dr. Sreeram, Managing Director, Mallige Medical Centre, Mr Srinivas Raju, Rajyogini Dadi Sarlaji, Sub-Zonal Administrator of the Brahma Kumaris, Dr. Prasanna Kumar, Head of the Deptt. of Endocrinology, Ramaiah Institute of Medical Sciences and Dr. Shekhar Doddamani. BK Vijaylakshmi, Rajyoga teacher, provided insights into the dynamics of spiritual health, combined with practical meditation experience sessions. Over 150 youth benefited from the Retreat.

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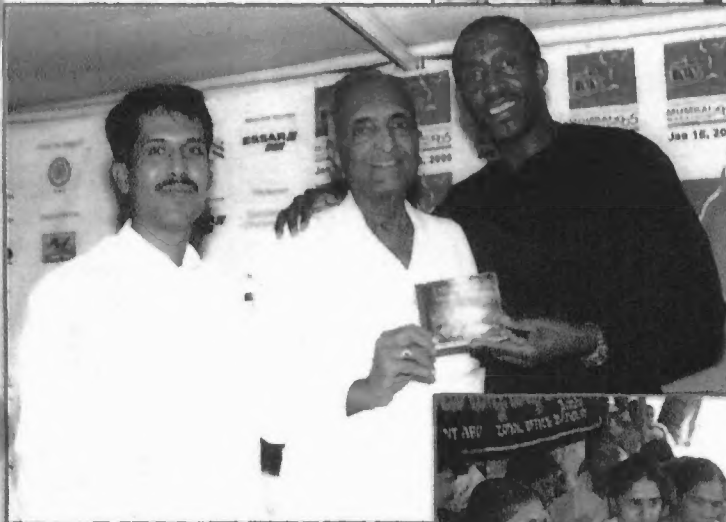
1. Bhopal (Saket Nagar): After presenting Godly gift to Chief Minister of Madhya Pradesh Bro. Bahulal Gaur (seen in the centre), B.K. Sis. Anju presenting Godly gift to Minis of Madhya Pradesh. 2. Dharwad: Karnataka's Minister of Higher Education Bro. D. Manjunath, Governor H.E. T.N. Chaturvedi presenting "Doctor of Philosophy" Degree to B Bro. Basavraj for his research on 'Spiritual Values and Integration in Humankind' at Karnataka University. 3. Satna: Dadi Ratan Mohini, B.K. Bro. Mahendra and B.K. Sis. She inaugurating the new Centre. 4. Dharampur: Inaugurating Health Fair are Health Minister Bro. Indrajeet Singh Jadeja, Bro. Dharasabha Daulti Desai and B.K. Sis. Ranjan t B.K. Sis. Veena. 5. Khajrana (Indore): Inaugurating the exhibition for World Peace are M. P.'s Minister for Public Works Bro. Kailash Vijayvargiya, Priest of Ganesh Temple B Dharmendra, B.K. Nagina, B.K. Sis. Meera and others. 6. Mumbai (Khar): B.K. Sis. Meera Presenting Godly gift to Minister for Food Supplies, Medicine and Labour Bro. B Siddiqui. 7. Ujjain: B.K. Sis. Usha welcoming Minister of State for Civic Administration Bro. Shiv Narayan Jagirdar. 8. Chintamani: After the inauguration of the Spiritual F Andhra Pradesh Minister Bro. Alangur Srinivas, MLAs Bro. M.C. Sudhakar Reddy , Bro. Krishna Bairegowda, and B.K. Sis. Shyamala. 9. Indore (Om Shanti Bhawa Inaugurating a programme on "Golden Bharat" are B.K. Sis. Hema, Bro. Kailash Baheti, Advocate Bro. Vinay Jhelawat, Minister for PWD, Madhya Pradesh, Bro. Nail Vijayvargiya, B.K. Bro. Om Prakash, S.P. Bro. Adarsh Katiyar, Dr. P.S. Hardiya and Arvind Bagadi. 10. Baroda (Mangalwadi): Sharing his spiritual experience is Bro. Vachasj Upadhyay, Vice - Chancellor, Lal Bahadur Shastri National Sanskrit Vidyapeeth, Delhi and President of All India Universities Union. Prof. Bro. Ramesh Shah of Calicut University and B.K. Sis. Raj are also on the dais.



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WR/25/13/2003-2005, Posted at
Shantivan-307510 (Abu Road) on 9-10th
of the month

1. Kottayam (Kerala): Hon'ble Chief Minister Bro. Umman Chandi making an inaugural call on OM SHANTI HELPLINE. B.K. Suryamani, B.K. Anand, B.K. Sis. Pankaja and other guest speakers are also seen.

2. Gurgaon (ORC): Delegates of the "2nd International Congress of Mothers - Women and Family Values" with B.K. Asha, B.K. Geeta, B.K. Sudha, B.K. Brij Mohan, Bro. Rais Atmagulov, President, International Association of Charitable Foundations 'MAMA' of Moscow (Russia), Dadi Janki, B.K. Chakardhari, Sis. Svetlana Nyagachtva, Mayor of Dedinova City, Russia, B.K. Santosh and others.



3. Gamdevi (Mumbai): Senior Bro. B.K. Ramesh Shah presenting the V.C.D. "Discover the Spirit Within" to the Gold Medallist of 100-Metre Athletics in Olympics (1992) Bro. Linoford Christie of London. B.K. Deepak is also seen.

4. Mypadu (Nellore): Distributing relief materials to the Tsunami-affected persons are B.K. Sis. Prabha, B.K. Sis. Shyamala and B.K. Bro. Venkatesh.

